



Kindred Hospital
Louisville

Dedicated to Hope, Healing and Recovery

Kay: A Return to Creativity

Kay is a retired home economics teacher who enjoys sewing, quilting, and making beautiful accessories for her home. She also has been a floral designer and has been in the catering business. She and her husband have a beautiful country home which they remodeled themselves. They have a close-knit family, and adore their cats and dogs. Her normal way of life was interrupted in March 2009.

Six weeks after medical diagnostic testing, she began to have symptoms including abdominal pain and nausea. She was admitted to a short-term acute care hospital and diagnosed with an abdominal abscess and fistula. Kay was started on IV antibiotics and TPN. An abdominal drain was also placed. Eventually she was transferred to Kindred Hospital Louisville for continuation of her complex woundcare and rehabilitation.

While at Kindred, Kay's condition began to improve. She was able to participate in physical therapy and gradually became stronger. Kay remarked that the rehab staff was great and very motivating.

She was eventually weaned off of her IV antibiotics and IV nutrition and was able to eat a regular diet. Kay had her drain removed and her abscess healed.

She was able to return home with her husband after a 25-day stay at Kindred Hospital Louisville.

Kay continues to feel better everyday and is following up with her primary care physician. Soon she will be able to resume her favorite creative pastimes.

Kindred Healthcare Ranked First Among Health Care: Medical Facilities in *Fortune Magazine's* List of Most Admired Companies. For more information about Kindred Hospital Louisville, please call us at 502.587.7001 or visit us at www.kindredlouisville.com.